

# June Newsletter

Supporting Independence. Empowering Lives.



## Dear Azure Family

As we are approaching the middle of the year, it is an important time to reflect on the previous 6 months and what you have achieved & done during this time! This could be starting a new hobby or giving the garden a fresh redo. Please let us know and we'll feature the best ones in the next edition!

We hope the next 6 months will bring you further love & joy as we brace for the colder seasons.



## Public Holiday Reminder

Azure SHCS would like to take a moment to remind you that the King's Birthday will be observed on Sunday, June 9th.

This day marks the official birthday celebration of the reigning British monarch and is recognized as a Public Holiday. We encourage everyone to take this time to commemorate the occasion, enjoy a well-deserved break, and spend time with family or friends.

Please remember to stay safe, take care of yourself, and as always—don't hesitate to reach out to us if you need any assistance.

*Wishing you a restful and meaningful holiday!*

## Winter Tips:

Brrr! Feel that chill in the air? Winter is on its way!

As the temperatures drop, it's time to cozy up and make sure we're staying warm and comfortable—especially indoors. Layering up properly is key to staying toasty during the frosty months ahead.

Before you head outside, here are some essential cold-weather clothing tips to keep in mind:

### Wool & Fleece

These snug-fitting fabrics are champions at locking in your body heat while blocking out biting winds and rain. A must-have for winter layering!

### Thermal Wear

Designed to trap warmth close to your skin, thermals are perfect for braving long hours in the cold—and they're a solid defence against frostbite and hypothermia.

### Cashmere & Leather

Not only do these luxurious materials fend off the chill, but they also add a touch of winter style to any outfit. Warmth and fashion? Yes, please.

### Cotton & Bamboo

Ideal for regulating body temperature, these breathable materials wick away moisture to help prevent overheating, even during active winter days.

# Flu Shot Reminder

Flu Season is here!

Protect yourself and those you love by getting your annual shot. It's quick, effective & safe.

## Protect Yourself

Reduce your risk at getting sick

## Protect Others

Helps Prevent the spread to everyone!

## Lowens Symptoms

Symptoms will come on less severe, meaning you can get back to the things you love quicker!

**If you need any assistance in arranging a flu shot, please contact our friendly team for more assistance.**



## Staff Highlight

*Christine Duong,*  
*Business Operations Manager*

This month, we're proud to spotlight Christine Duong, our Business Operations Manager.

Christine has been a vital part of Azure's growth and success. With her background in operations, compliance, and team leadership, she ensures that our day-to-day processes run smoothly and that our services are always delivered to the highest standard.

Her dedication to supporting staff and staying ahead of industry changes makes her an invaluable member of the team. Whether she's refining procedures or helping launch new projects, Christine approaches everything she does with care and precision.



## "5-Second Memory"

*Game of the Month*

### How to Play:

Choose someone to call out a category. You have 5 seconds to name 3 things in that category!

### Examples:

- Name 3 fruits
- Name 3 things you do before bed
- Name 3 countries
- Name 3 things that start with the letter "B"
- Name 3 songs from the 60s

Want to make it harder? Try doing it **without repeating any from previous rounds!**

Play solo to test your speed or with friends and family for some laughs!





# Support @ Home Update

*What's Changing and What You Need to Know*

The Australian Government is continuing to roll out the **Support at Home Program**, which is set to replace the current **Home Care Packages (HCP)** and **Commonwealth Home Support Programme (CHSP)** in the coming years.

Here's what we know so far:

**Commencement Date:** The implementation of the Support at Home program is expected to commence from **1 July 2025**.

**What This Means:** If you are currently receiving services under a **Home Care Package or Short-Term Restorative Care**, you will continue to receive the support you need **without any immediate changes**.

If you are receiving services through the **Commonwealth Home Support Programme (CHSP)**, there will be **no changes** to your services **until CHSP transitions to the Support at Home Program in July 2027**.

**Improved Services:** The new model aims to simplify access to services, provide greater transparency around fees and charges, and ensure better quality and accountability across providers.

## How We're Preparing at Azure

At Azure, we're closely following all updates from the Department of Health and Aged Care to ensure a **smooth transition** for our clients and their families. We will:

- Keep you updated through our newsletters and care coordinators
- Offer information sessions and one-on-one support as changes approach
- Continue delivering high-quality, personalised care every step of the way

## We're Hiring!

*Referrals are always welcome!*

Do you know someone who's passionate about supporting older Australians? We're currently recruiting for:

- **Support Workers (across southeast Melbourne)**

### *Thank You for Being Part of the Azure Family*

From every conversation to every moment of care, we're grateful to have you as part of the Azure family.

Here's to a month filled with warmth, connection, and joyful moments—big and small.

### The Azure Specialists Team

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